
KSDPP Research Activities Report August 2020-August 2021

Submitted to Onkwata'karitáhtshera Health &
Social Services Research Council (OHSSRC)



Ohiarikhó:wa /July 2022

**KAHNAWAKE SCHOOLS DIABETES PREVENTION
PROGRAM (KSDPP)**

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Watkwanonhwerá:ton,

On behalf of the Kahnawake Schools Diabetes Prevention Program (KSDPP) Executive Committee, Community Advisory Board (CAB), Research Team, staff, and student trainees, we are pleased to provide you with our Annual Report of Research Activities. In compliance with the Memorandum of Understanding (MOU) between Onkwata'karitáhtshera Health and Social Services Research Council and KSDPP, KSDPP provides research project updates on a yearly basis. This report covers research activities from August 1, 2020, to August 31, 2021. This report outlines:

1. KSDPP Research Projects (completed and in progress)
2. Funding Opportunities to which the KSDPP applied
3. KSDPP Graduate & Undergraduate Research Trainee Projects (completed and in progress)
4. Other KSDPP led research-related Networks and activities.

All research has been approved by the KSDPP CAB and Research Team respecting the KSDPP Code of Research Ethics.

KSDPP goals are to promote healthy lifestyles (physical activity, healthy eating, and healthy sleep) for all ages with a special focus on school-aged children; training the next generation of researchers (community and academic) to undertake research in respectful partnerships with Indigenous communities and offering training to other Indigenous communities through the KSDPP Community Mobilization Training program.

KSDPP Vision

The Kahnawake Schools Diabetes Prevention Program (KSDPP) is committed to preventing type 2 diabetes in Kahnawake. We empower community members to care for their personal and family health through continual improvement of our unique diabetes prevention model based on Kanién'kehá:ka values. We collaborate with all community organizations on a shared vision of diabetes prevention activities that reach all community members.

KSDPP continues to develop our research model based on the experiences of Kahnawakeró:non, staff and researchers in a partnership between Kahnawake and universities. It is shared with other Indigenous communities and all others involved with diabetes prevention. KSDPP trains a significant number of Indigenous people in diabetes prevention intervention and research activities.

KSDPP Mission

The Kahnawake Schools Diabetes Prevention Program (KSDPP) prevents type 2 diabetes through the promotion of healthy eating, physical activity and holistic wellness for present and future Kahnawakero:non and for other Indigenous communities. This is achieved by designing and implementing school, family and community intervention activities.

KSDPP conducts community based participatory research on these activities, trains community intervention workers and academic and community researchers. KSDPP is committed to report all research results first to the community, then to wider lay and scientific audiences.

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With thanks to

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1 KSDPP Research Projects

1.1 Research in Kahnawake

1.1.1 Indigenous Youth Mentorship Program (IYMP)

Title: Deepening the Roots of Living in a Good Way for Indigenous Children: The Indigenous Youth Mentorship Program.

Term: December 1, 2018, to March 31, 2023

Principal Investigator: Dr. Jon McGavock - University of Manitoba and the Manitoba Institute of Child Health; KSDPP Co-Principal Investigators: Alex McComber – KSDPP/McGill/Queen’s and Lucie Lévesque KSDPP/Queen’s University.

Funding: Canadian Institutes of Health Research (CIHR), Institute of Indigenous Peoples’ Health, Pathways to Health Equity for Aboriginal Peoples (Pathways) Implementation Research Team Grant Component 3 #PRT-1614744 and the Women & Children’s Health Research Institute (Edmonton).

Ethics approval for Kahnawake from the KSDPP Community Advisory Board.

Background: Type 2 diabetes and obesity disproportionately affect Indigenous children in Canada. The inequities in diabetes and obesity can be traced back to several forms of transgenerational trauma, stress and adversity that accompanies settler-led cultural genocide and on-going institutional racism that Indigenous children face. Strengths-based, resilience centered programs are therefore needed to overcome these inequities. With the support of Indigenous youth in Manitoba, we developed a peer-based mentoring program, centered on an Indigenous model of resilience; Dr. Martin Brokenleg's Circle of Courage, called the Indigenous Youth Mentorship Program (IYMP).

The IYMP Pathways 3 Grant is a continuation of the research conducted under the AYMP Pathways 2 grant: Expanding the Circle: Peer-based approaches to obesity and type 2 diabetes prevention for Indigenous children – the Aboriginal Youth Mentorship Program (AYMP) (2016-2019). This pathway consisted of implementation of a 90-minute, once per week, after school, peer led health promotion program based on multi-age mentoring of children aged 10 years by grades 7 through 12 students. The Kahnawake Schools Diabetes Prevention Program (KSDPP) and the Kahnawake Youth Center (KYC) implement the program, in collaboration the Kahnawake Combined Schools Committee, Kahnawake Survival School, and Kahnawake elementary schools, and aims to reduce risk factors for type 2 diabetes.

During the last 2 years as a Pathways 2 Implementation Research Team, we expanded from five communities in Manitoba and to thirteen communities across four provinces in Canada. Kahnawake is a participating community in the project. Using a participatory action model, guided by the teachings of elders, knowledge keepers and youth on our team, we build on the successes of the past 2 years to (1) explore a novel pathway through which IYMP can reduce the risk of type 2 diabetes in youth, through the Indigenous concept of Mino-pimatisiwin/bimaadiziwin "living in a good way"; (2) deepen the reach of IYMP within existing communities; (3) explore relational models of rippling IYMP to new communities; and (4) study the process of moving IYMP from a university-based program to a sustainable community-led organization. This information will provide information and infrastructure to support rippling of other wellness promoting community-based programs across Canada.

IYMP was named one of eleven programs in the Healthy Futures Initiative by LEAP | Pecaut Centre for Social Impact's Health Futures Accelerator. With support from the Public Health Agency of Canada, LEAP provides in-depth strategic and operational support, coaching, capacity building, and funding. The goal of LEAP's support is for IYMP to scale and increase their combined impact to reach even more youth over the next five years.

Status: The IYMP was largely inactive since the onset of the COVID-19 Pandemic with occasional meetings between KSDPP and the KYC to plan the post-COVID-19 implementation. Regular meetings have taken place to secure a project coordinator and a YAHL (young adult health leader), both of whom will be KYC staff. Mentors will be recruited from high school students attending Kahnawake Survival School and other secondary schools, with emphasis on HS Billings in Chateauguay. Timelines continue to be interrupted and a new schedule is planned for Winter 2022 implementation. A local IYMP Advisory Circle will be reassembled with invitations extended to all the Kahnawake schools, and child/youth focused service organizations. National IYMP, meetings continue to be held monthly to share progress and discuss upcoming implementation, training, and research strategies.

1.1.2 Nurturing Healthy Growth - Youth Project

Project Title: Nurturing Healthy Growth

Term: March 2019 to March 2020 (with extension to March 2021)

Principal Investigators: Sarah Fraser, PhD (Université de Montréal) and Katsitsi:io Brooke Splicer Master's Social work – Aboriginal Field of Study; Master of Health Science (Mental Health).

After the initial funding ended, additional funds were secured until 2024. The project will continue to focus on engaging youth through discussions as well as surveys and engagement events. The project team has interviewed youth from the community, analyzed the data, and organized the reporting (see appendix 7.4). They met a total of 38 youth either individually or in groups. Two surveys were shared

on social media, one of which was to understand what youth want to be engaged in and had 47 responses. The other survey was specifically on how youth were managing COVID-19 and had 45 participants. Data analysis is ongoing as data is still being gathered. A reporting strategy will be planned to ensure that results are shared with other organizations. The project team received funding from Royal Bank of Canada to begin a youth-led language program called Skátne lonkwawientehtaonhátie which was also came to a halt because of COVID-19. They have collaborated with the Kahnawake Collective Impact team and the Tamarack Institute to continue the project that allows youth to learn language and culture in a safe space. The project team has developed a discussion training to share research skills with others, provide jobs, and to reach a wider population of youth in Kahnawake.

1.2 Research External to Kahnawake

1.2.1 KSDPP Community Mobilization Training (CMT) for Diabetes & Healthy Living in Indigenous Communities

Term: January 1, 2017, to March 31, 2020 – extended to March 31, 2022

Principal Investigators: Alex McComber, Lucie Lévesque, Treena Delormier, and Ann Macaulay.

The Community Mobilization Training (CMT) for Diabetes and Healthy Living in Indigenous Communities Project is a community-based participatory research initiative that studies the implementation and impact of CMT in Indigenous communities across Canada. The goal is to learn about the factors, conditions, and types of social systems necessary for the successful implementation and scale-up of the Kahnawake Schools Diabetes Prevention Program (KSDPP), a recognized best practice for diabetes prevention and healthy living and to better understand concepts of wellness from Indigenous community perspectives.

Community Mobilization Training for Diabetes Prevention: Implementation and scale-up of a best practice training model for diverse Indigenous communities is funded through a Canadian Institutes for Health Research (CIHR) Pathways to Health Equity for Aboriginal Peoples Component 2 Grant - (#P13-151327) from the Institutes of Indigenous Peoples' Health and Mobilizing Indigenous knowledge for community-driven wellness (Catalyst Project) was funded through a CIHR Catalyst Grant (#IAW-151691) from the Institute of Indigenous Peoples' Health (Term: March 1, 2017 to March 31, 2019). The community intervention (training program, follow-up, and support of participating communities) is funded by the R. Howard Webster Foundation. Several institutional, organizational and community partners provide in-kind support. This project follows a Code of Research Ethics based on the KSDPP Code of Research Ethics. The different participating communities reviewed all the local research proposals.

Research Questions from the Original Proposal include:

1. What are the characteristics, features, and nature of the social system of the successful KSDPP model and in previously trained communities?
2. What are the barriers and facilitators to implementing the KSDPP model?
3. What is the necessary dose, fidelity, quality, and costs related to training community stakeholders to implement the KSDPP model?
4. How does the social system in the community receiving CMT change in response to KSDPP model adoption?
5. How does the availability of diabetes prevention opportunities in the community receiving CMT change and response to KSDPP model adoption?
6. What Indigenous wellness indicators best capture the impact of the CMT in communities?
7. What are relevant ways to culturally ground CMT in communities?

CMT Training involving over 80 participants has been completed across 6 communities: Niagara Region in January 2018 (with representatives from the Indigenous Diabetes Health Circle, Fort Erie Native Friendship Centre, and Niagara Region Native Centre); Atikamekw de Manawan and Centre D’Amitié Autochtone de Lanaudière (August and November 2018), Black River First Nation (January and February 2019), Tyendinaga Mohawk Territory (February and April 2019) and Brokenhead Ojibway Nation (April and May 2019). CMT Reports have been delivered to each community partner and wellness concept mapping activities took place in four of the six newly trained communities. KSDPP has hosted three annual team events in Kahnawake in 2017, 2018, and 2019. The 2020 annual meeting was held during a 2-hour on-line format. This project is ongoing. The Project Advisory Circle, comprised of representatives from participating Indigenous communities, regional, and national organizations meet three to four times per year.

The CMT research team and CMT partner communities and organizations have all been impacted by the global COVID-19 pandemic. COVID-19 represents a threat to the health and futures of Indigenous communities that already bear a disproportionate disease burden in Canada and the pandemic has exacerbated the challenges and accentuated structural inequalities and racism within health systems. Each partner community responded and continues to respond to the pandemic in their own ways. In four of the communities there is a general mobilization of services, programs, and personnel generally through the Band Councils to oversee community safety and protection and implementing local and provincial protocols as the pandemic progressed. CMT community participants, who are employed in the community, have experienced necessary job shifts to focus on the community COVID-19 response activities.

Key activities during the 2020-21 year include:

- Despite COVID-19, continued messages promoting healthy lifestyles

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- *Annual Team Gathering* in June 2020 via Zoom was a success
 - *Project Advisory Circle* meetings and *Project Advisory Circle Community Review Checklist* developed
 - [KSDPP Website](#) resources updated
 - Two graduate students earned their master's degrees; manuscripts based on their community-based thesis projects (community wellness) were published by the Turtle Island Journal of Indigenous Peoples Health (see publications list)
 - Manuscript in development - The Kahnawake Schools' Diabetes Prevention Project: Perspectives on Data Sovereignty in Indigenous Community-Academic Partnered Health Research
 - *Cultural Grounding Talking Circle* Preliminary Analysis and Framework completed
 - *Online Health Promotion project* and *Scoping Review* are underway
 - Team developed and submitted a successful [COVID-19 Rapid Response Grant to CIHR](#)
 - Team developed and submitted a successful Letter of Intent to develop a [CIHR Team Grant](#) to continue the project for another five years
 - Team welcomed new academic researchers: Assistant Professors: [Brittany Wenniser](#); [iostha Jock](#), [Dave Bergeron](#), and [Martine Lévesque](#), new knowledge holder [Mike Alexander](#); and graduate students [Revathi Sahajpal](#), [Lauren George](#), [Cameron Jedemann](#), and [Miriam Muirhead](#).

CMT Student research trainees (2020-21):

- Brittany McBeath (PhD Candidate, Queen's University)
- Georgia Fraulin (USSRF Summer Student 2020, 4th Year Undergraduate 2020-21, Queen's University) CMT – Projects: Staying Connected: Online Health Promotion for Wholistic Wellness in a First Nations Community & Indigenous Health Promotion Using Online Methods: A Scoping Review
- Lauren George (4th Year Undergraduate 2020-21, Queen's University) Indigenous Health Promotion Using Online Methods: A Scoping Review
- Revathi Sahajpal (PhD Student, McGill University): Cultural Grounding Talking Circles
- Colin Baillie (PhD Candidate, Queen's University) Project Advisory Circle Community Review Checklist
- Cameron Jedemann (USSRF Summer Student 2021, 4th Year Undergraduate 2021-22) CMT, COVID-19, Team Grant
- Miriam Muirhead (CSJ Summer Student 2021, 4th Year Undergraduate 2021-22), CMT, COVID-19, Team Grant

1.2.2 Title: Mobilizing Resilience Through Community-to-Community (C2C) Exchange: Seven Generations Thinking for Wellness and Diabetes Prevention - Development Grant

Term: December 1, 2021, to November 30, 2022

Full Application Due: October 7, 2022

Lucie Lévesque, along with Alex M. McComber, Treena Delormier, Brittany Jock, Dave Bergeron, Ann Macaulay (et al.) submitted a Letter of Intent to the CIHR Team Grant : Diabetes Prevention and Treatment in Indigenous Communities: Resilience and Wellness Competition in May 2021. The proposal titled *Mobilizing resilience through community-to-community (C2C) exchange: Seven Generations thinking for wellness and diabetes prevention* builds on the work of the Kahnawake Schools Diabetes Prevention Program (KSDPP) Community Mobilization Training (CMT) Pathways 2 Project (section 1.2.1). The application ranked third in the competition to obtain a development grant to develop the full proposal. The research team meets every two weeks and is conducting pre-grant work developing a realist-informed evaluation to develop a program theory explaining CMT outcomes in relation to existing contextual elements and mobilization mechanisms. This work is being done in conjunction with the CMT Pathways Project. As communities and universities emerge from the COVID-19 pandemic, the team will engage participating communities to develop the final proposal for submission in October 2022. If successful, the resulting new grant will continue the current KSDPP CMT for Diabetes & Healthy Living in Indigenous Communities for another 5 years.

1.2.3 Title: Indigenous Community Mobilization Within the Context of COVID-19: Taking Action Together

Term: June 1, 2021 – March 31, 2022 (extended to March 31, 2023)

Lucie Lévesque, along with Alex M. McComber, Treena Delormier, and Brittany Jock (et al.) submitted an application to the Canadian Institutes of Health Research (CIHR) Operating Grant: Emerging COVID-19 Research Gaps and Priorities Funding Opportunity in April 2021. The proposal titled *Indigenous Community Mobilization within the Context of COVID-19: Taking Action Together* was developed around a research question from a community partner from the Community Mobilization Training (CMT). project. The community members wanted to know if the community mobilization used for a chronic disease (type 2 diabetes) could be used to address an acute disease (COVID-19). The proposal includes the community of Kahnawake, builds on relationships that were established with two communities who participated in the CMT, and brings into the project Akwesasne as a fourth community. The application ranked first and received funding for this one-year project.

1.2.4 Title: Indigenous Science: Gathering a Community of Practice

Term: January 1, 2019, to March 31, 2021 (with extension to March 31, 2022)

Principal Investigators: Lucie Lévesque (KSDPP, Queen's University) and Treena Delormier (KSDPP, McGill University). Other KSDPP team members include Elder Amelia Tekwantonti McGregor, Alex M. McComber, and students Colin Baillie (Queen's University), Brittany McBeath (Queen's University) and Andrea Ianni (Queen's University).

The objective of this research activity was to create a forum for Indigenous Elders, knowledge-holders, researchers, and research trainees from across different disciplines and regions of Turtle Island to discuss emerging issues related to the rigorous application of Indigenous knowledge systems and methodologies within Indigenous research. The dialogue from the gatherings formed the basis of a position paper that contributed to the Canada Research Coordinating Committee's (CRCC) strategic research plan to identify new ways of doing research with First Nations, Métis, and Inuit communities in Canada. The project is funded by the Social Sciences and Humanities Research Council (SSHRC) Indigenous Research Capacity and Reconciliation grant.

2019:

Gathering, Part I (January): The first gathering took place in Treaty 1 territory, on the lands of the Anishinaabeg, Cree, Oji-Cree, Dakota, and Dene peoples, as well as on the homeland of the Métis Nation (Winnipeg). Twenty team members – Elders, Indigenous and non-Indigenous academics, students, and community members attended the three-day event – Talking Circle Discussions looked at Identity, Colonial Institutions and Western Standards of Rigor.

National SSHRC Connection Grant Meeting (March): Team members Treena Delormier and Colin Baillie attended the National Gathering in March 2019 in Ottawa and a core team of writers, including two Elders, are writing a position paper to submit to SSHRC. The project also included an art piece created by an Indigenous artist who attended the team gathering in January.

2020-2021: The analysis of data was delayed due to the COVID-19 pandemic. Research trainee Colin Baillie has worked with Amelia McGregor and Jack Robinson to finalise the analysis of the talking circles from the gathering in 2019. Together, they have developed conceptual images that reflect the themes that emerged from the gatherings. One of the conceptual images developed for themes was related to identity, colonial institutions, and western standards of rigor.

The results will be incorporated into health promotion messages and future evaluations.

2 KSDPP Graduate Student Research Projects

2.1 Completed (August 2020-2021)

Hariata Tai Rakena (Maori from Christchurch, New Zealand)

McGill University, Department of Kinesiology and Physical Education, Master's Thesis Research

Thesis title: On the Rapids: A Case Study Incorporating Tribally Centred Epistemology into Health Promotion in Kahnawà:ke

Supervisor: Dr. Lee Schaefer (member of KSDPP Research Team), McGill University, Department of Kinesiology and Physical Education; University of Saskatchewan, College of Kinesiology

Ethics approval: KSDPP Community Advisory Board, 2020

Graduation date: 2021

Scholarship: Teionkwaienawá:kon: Québec Indigenous Mentorship Network Masters Scholarship.

Study Findings: The philosophical findings of the study present the importance of land, language, and culture as primary; and identity, belonging and wellbeing as secondary. The case study setting findings depicts “on the rapids” as a translation of Kahnawà:ke, and the significant socio-political factors that serve to undermine and support the community's relationship with the river. The practical study findings propose three pragmatic recommendations: (a) tools to introduce cultural traditions; (b) a practical experience of cultural traditions; (c) a discussion model. These findings will be incorporated into future Kahnawake Schools Diabetes Prevention Program (KSDPP) activities.

2.2 In Progress

Colin Baillie, Queen's University PhD Candidate

Dissertation title: Self-Determination for Indigenous Research: Using Indigenous Standards of Rigour to Evaluate Indigenous Research

Supervisor: Dr. Lucie Lévesque (member of KSDPP Research Team), Queen's University, School of Kinesiology and Health Studies

Ethics Approval: KSDPP Community Advisory Board pending, Queen's General Research Ethics Board
Tentative Graduation date: 2022

Summary: The Kahnawake Schools Diabetes Prevention Program (KSDPP) and the Indigenous Youth Mentorship Program (IYMP) present an opportunity to conduct a process evaluation to monitor how Indigenous knowledge influences the research process. Identifying Indigenous criteria to gauge the quality of community-led research projects with Indigenous communities is consistent with calls to create research outcomes that are meaningful, action-oriented, and benefit the community. The proposed research will involve three studies, each guided by its own research question as follows, 1)

What are the quality criteria utilized by scholars involved in Indigenous community-led research projects in the rigorous application of Indigenous knowledge systems and methodologies?; 2) What are the quality criteria utilized by Indigenous community partners involved in Indigenous community-led research projects in the rigorous application of Indigenous knowledge systems and methodologies?; and 3) How do ongoing community-led research projects like KSDPP and IYMP incorporate and evaluate their use of Indigenous knowledges and methodologies?

Derek Wasyliw, McGill University PhD Candidate

Dissertation title: Lifting Youth Spirits: Ethically Co-Composing a Culturally Relevant Indigenous After School Program

Supervisors: Dr. Jordan Koch (McGill University), Dr. Lee Schaefer (University of Saskatchewan)

Ethics Approval: KSDPP Community Advisory Board, McGill Research Ethics Board II

Tentative graduation date: 2022

Scholarship: Doctoral Research Scholarship 2018-2022 *Fonds de recherche du Québec – Société et culture*. “Financially assists the best applicants in undertaking or continuing a doctoral program in disciplines related to the social sciences, humanities, arts, and literature.” Value: \$84,000.00

Summary: This Ph.D. project aims to gain a better understanding of how Indigenous ways of knowing may be both practically and theoretically included within physical education, physical activity, after-school programming, and teacher education programs with the intent of attending to calls for more culturally relevant teaching and curriculum.

Brittany McBeath, Queen's University PhD Candidate

Dissertation Title: TBD

Supervisor: Dr. Lucie Lévesque (member of KSDPP Research Team), Queen's University, School of Kinesiology and Health Studies

Ethics Approval: To be completed following proposal

Tentative Graduation Date: September 2023

Scholarships: Frederick Banting and Charles Best Canada Graduate Scholarship Doctoral Award from the Canadian Institutes of Health Research (2019-2022)

Summary: Brittany is an active member of the Kahnawake Schools Diabetes Prevention Program (KSDPP) Research Team who is involved in the KSDPP Community Mobilization Training, and the COVID-19 Grants. Brittany successfully completed her comprehensive exams September 27, 2021. She is now working on a proposal for her dissertation projects. She intends to explore the concept of community mobilization within various Indigenous communities and contexts including mobilization for Diabetes prevention, COVID-19 response, and Indigenous language revitalization. Brittany will defend her proposal, submit ethics to both KSDPP Community Advisory Board and relevant project Advisory Circles during the Winter of 2022.

Hariata Tai Rakena, Johns Hopkins University PhD Student

Dissertation Title: TBD

Supervisor: Dr. Melissa Walls, Johns Hopkins University, Bloomberg School of Public Health, Center for American Indian Health

Tentative Graduation Date: 2025

Scholarships: Teionkwaienawá:kon: Québec Indigenous Mentorship Network Masters Scholarship. Fulbright New Zealand Science and Innovation Graduate Award. Johns Hopkins Center for American Indian Health Scholar Award.

Maria Nikolakakou – MSc Human Nutrition (Applied) 2019 – Dec 2020

Title: Diabetes Prevention and Management in the context of Food Insecurity in Indigenous Communities of North America

Supervisor: Treena Delormier, PhD, School of Human Nutrition, McGill University

Summary: Maria conducted a literature review on culturally safe frameworks to guide diabetes prevention that consider social determinants of health including food security. She presented this work to the COVID-19 Kahnawake Food Security Emergency food services ad hoc committee. She also created a poster that communicated the results of the First Nations Food Nutrition Environment Study (FNFNES) to the community. This has provided a useful tool for knowledge translation.

2.3 Student Research Projects

Jasmine Leung – MSc Human Nutrition (Applied)

NUTR 500 Directed Study Winter 2020

Title: Kahnawà:ke Collective Impact (KCI) Food Sovereignty Initiative Survey, April 2021

Instructor (NUTR500)/KSDPP Supervisor: Treena Delormier (KSDPP Scientific Director), McGill University, School of Human Nutrition

Summary: Jasmine Leung completed a directed study course with the objective of gaining research experience working with an Indigenous community. Her study was about survey development and program evaluation. Jasmine worked with the Kahnawà:ke Collective Impact Support Team to develop an evaluation tool for the Food Sovereignty Action Group's three sisters mound garden project. The survey was designed and implemented. Jasmine put together a report of the survey and presented the results to a community via a zoom presentation.

Hanna Baig – MSc Human Nutrition Dietetics (Credentialling)

NUTR 629 Research Project Requirement

Presentation title: Kahnawake Meal Program Project Presentation, April 28, 2021

Supervisor: Treena Delormier (KSDPP Scientific Director), Hugues Plourde, and Mary Hendrickson, School of Human Nutrition, McGill University

Ethics approval: not required for a quality assurance project

Funded by the Kahnawake Business Community Fund (KCBF)

Summary: Hannah's project responded to the request from the KCBF to evaluate the home meal delivery food program that KCBF funded for elementary school children studying at home during the COVID-19 pandemic.

Simran Kaur – MSc Human Nutrition (Applied)

Project Requirement Summer 2021

Title: Evaluation of Kahnawake Breakfast and Lunch Meal Program: Participant Satisfaction Survey and Menu Revision, August 27, 2021

Supervisors: Treena Delormier, PhD, Hugues Plourde, and Mary Hendrickson, School of Human Nutrition, McGill University

Ethics approval: not required for a quality assurance project

Summary: Simran designed a survey to assess the impact of the food program with program recipients, continuing upon the recommendations of Hannah Baig's project with the Kahnawake Business Community Foundation (KBCF). In response to the needs of the KBCF funded program, she conducted a menu evaluation and made suggestions informed by nutrition standards, the results from a survey with program participants that she designed and conducted, and from her literature review on meal program standards for youth and children. She presented her results to the Kahnawake Schools Diabetes Prevention Program (KSDPP) Community Advisory Board and Research Team, as well as her McGill Supervisors and community collaborators.

Shannon Udy – BSc Nutritional Sciences (Dietetics)

Undergraduate Research Student Summer Project 2021

Title: Food Security and Food Sovereignty in Kahnawà:ke: Annotated Bibliography

Supervisor: Treena Delormier (KSDPP Scientific Director), School of Human Nutrition, McGill University

Summary: Shannon created a knowledge synthesis (annotated bibliography) of the existing sources of information on food security and food sovereignty in Kahnawà:ke, in collaboration with Vivienne Walz (Community Health Plan Liaison, Onkwata'karitáhtshera), and Treena Delormier. Accompanying the annotated bibliography, Shannon and Vivienne presented a summary of findings to the Post-Pandemic Food Sovereignty and Food Security Working Group.

3 Networks

Provincial and National Networks based at KSDPP

3.1 Québec Indigenous Mentorship Network for Research (QIMNP) – Teionkwaïenawá:kon

Funding: Canadian Institutes of Health Research (CIHR), Institute of Indigenous Peoples' Health, Québec Network for Indigenous Health Research Mentorship Grant #201701.

Principal Investigators: Neil Andersson, Gregory Brass, Treena Delormier, Christopher Fletcher, Laurence Kirmayer, Alex McComber, George Sioui.

The Kahnawake Schools Diabetes Prevention Program (KSDPP) has partnered with McGill University, Université de Montréal, Université Laval, Université de Québec à Montréal, and Université du Québec à Abitibi-Témiscamingue to create this mentorship Network. The Canadian Institutes of Health Research (CIHR) is a 5-year program launched in 2016 which aims to building capacity of the next generation of Indigenous health researchers. It supports distinctive and culturally relevant cohort learning opportunities and tailored mentored activities.

The Québec Indigenous Mentorship Network (QIMNP) is one of eight networks across Canada funded by the Institute of Indigenous Peoples' Health, Canadian Institutes for Health Research. This project brings together Québec-based Indigenous and non-Indigenous researchers and knowledge users for culturally safe and responsive health research from six Québec-based universities, Indigenous organizations, and Indigenous communities. The goal is to provide Indigenous students the opportunities to acquire research skills and knowledge in health research, Indigenous health research, and Indigenous ways of doing. Nations included in this project are: Abenaki, Atikamekw, Algonquin, Cree, Kanien'kehá:ka, Innu, Maliseet, Naskapi, Wendat, and Métis.

Student and medical student awards issued to date:

- 3 Master's scholarship awards
- 1 Doctoral scholarship award
- 3 bursaries

Activities:

- Conventional mentoring
- Experiential learning and mentoring environments
- E-mentorship

-
- Annual Summer mentorship program

Updates:

- Since the COVID-19 pandemic, IMNP activities have stalled, with students out of school, studying via distance learning and opportunities to participate in research projects and other learning experiences almost non-existent. The IMNP has had discussions with various post-secondary institutions which resulted in the development of smaller scale mentorship opportunities focused on desired activities, such as an Indigenous garden at the Université de Montreal, an on the lands project for twelve Concordia Indigenous graduate students, a story-telling video project supervised by an Indigenous doctoral student at McGill, a panel of Indigenous students discussing their research projects for a course at the McGill Department of Family Medicine and two STEM promotion projects (from the CHUM and the Université de Montreal IRIC) that will take place with two groups of Kahnawake students.
- A Kahnawake summer student reviewed and organized six days of video tapes from the first two IMNP Summer Institutes, including cataloging of videos and photos according to Institutes' themes.
- Some students who received scholarship and bursaries from the IMNP were videotaped on their learning and mentorship experiences for development of podcasts.

e-mail: qimnp@outlook.com; info@qimnp.com

Facebook page: Indigenous Mentorship Network/Réseau de Mentorat Autochtones

Website: <https://qimnp.com/>

3.2 Network Environment for Indigenous Health Research (NEIHR)

Title: Tahatikohsontóntie' "The Faces Yet to Come" – Mobilizing Indigenous Communities' Health Research Capacity

Term: 5 years – October 1, 2019 to September 2024 (renewable twice)

Nominated Principal Applicant/Investigator: Dr. Treena Delormier (McGill University). Principal Applicants: Alex McComber, Sarah Fraser, Pierre Haddad, Lucie Lévesque, Lee Schaefer

McGill University: "The Canadian Institutes of Health Research's (CIHR) Institute of Indigenous Peoples' Health has awarded a CAD\$3.5-million-dollar operating grant to Dr. Treena Wasontí:io Delormier of McGill University's School of Human Nutrition. The grant will help to establish a Network Environment for Indigenous Health Research (NEIHR) over the next five years in the province of Québec. "The NEIHR is an incredible opportunity for Indigenous communities, Indigenous serving organizations and academic institutions to bring together the many positive examples of respectful and rigorous health research," said Dr. Delormier, the Nominated Principal Applicant of the Grant. "It will build on current

efforts in academic institutions to create supportive spaces for indigenous knowledge, Indigenous students and knowledge holders.” ([McGill Newsroom Institutional Communications, 2 April 2020](#))

The Tahatikonhsontóntie’ Québec Network Environment for Indigenous Health Research (QcNEIHR) is part of a consortium of Canadian networks focusing on capacity development, research, and knowledge translation centered on Indigenous Peoples. In 2019, nine regional NEIHRs across Canada received 5-year funding from the Canadian Institutes of Health Research. Each NEIHR is intended to provide supportive research environments for Indigenous health research driven by, and grounded in, Indigenous communities in Canada. The consortium of networks also ensures continued growth, broad regional development, and national collaborations. Members of the QcNEIHR represent Indigenous communities across the province, Indigenous-serving organizations, academic researchers and students, youth and Elders, and governmental agencies.

The mission of the Tahatikonhsontóntie’ QcNEIHR is to be the center for research and training in community mobilization and knowledge translation for Indigenous health promotion in the province of Québec. We envision a network that provides a space for Indigenous communities, elders, youth, researchers, and knowledge-users to unite through the support of health promotion, community-based participatory research, and training.

What is unique about the Tahatikonhsontóntie’ QcNEIHR?

We are Indigenous and community-based

The Kahnawà:ke Schools Diabetes Prevention Program (KSDPP) in the Kanien’kehá:ka (Mohawk) community of Kahnawà:ke is the host community for the QcNEIHR. We are one of the few community-based NEIHRs, the majority being university-based. Established in 1994, KSDPP is a research and training center that enhances research capacity of trainees, their academic supervisors, and the community. Our vision is promoting living in balance, so all children have opportunities to live healthy lives, free of type 2 diabetes. KSDPP’s partnership research model values community knowledge, along with academic training and research, as a collaborative way to co-create knowledge. Research benefits and respects the community.

The QcNEIHR is rooted in the KSDPP model. We envisioned growing the existing KSDPP network through relationship-building that fosters inter-cultural sharing, wise research practices, and Indigenous ways of knowing. Research supports healthy future generations of onkwehón:we (Mohawk word referring to ‘Indigenous people’).

Respecting community priorities and pace during the global pandemic

Starting the QcNEIHR has been an interesting adventure so far. We received news that the network was funded in December 2019. Three months later, we paused due to the global SARS-CoV-2 pandemic. Only days before, the Research Circle gathered in person in Wendake, on March 10th, 2020, for a hybrid in-person/virtual meeting with grantees via Zoom. This first

meeting enthusiastically re-affirmed the vision of the QcNEIHR. It also clarified much work was ahead to truly meet the research capacity needs for onkwehón:we in Québec.

In April 2020, we again gathered our partners to discuss the pandemic's impact on the QcNEIHR plans. Our initial goal was to plan a regional tour using existing venues to meet health research champions and leadership. We aimed to listen and learn about regional priorities for health research in Québec. We planned to design a study to research this as well. However, due to rapidly shifting priorities of protecting community members and supporting them during isolation measures, we listened to the advice from our partners to focus our work on establishing the QcNEIHR, in particular, to focus on setting up the Network Advisory Circle which gathers community and knowledge-user perspectives on research.

Transparency

The Journeys through COVID-19 Indigenous immunity study was a significant learning opportunity. We learned the value of participating on national advisories for Indigenous health research. We experienced how sharing information in a timely and strategic manner is powerful. Sharing information allowed us to seek guidance from partners to ensure that research decisions respect Indigenous self-determination. The experience helped clarify the QcNEIHR's role as facilitating research, rather than serving as a regional site for deploying national studies. The QcNEIHR is still young and has important steps to best translate our vision into priority actions.

Acknowledging and celebrating our diversity and complexity

We recognize the strengths and challenges that our diversity entails. There are 11 Indigenous nations within Québec. We are rich in diverse languages, cultures, strengths and communities. Each community and/or nation has distinct health research goals and responsibilities. Indigenous people live in urban settings, and in communities (preferred to using 'on reserves' and 'on Crown land'). There are different health administration models.

The QcNEIHR is seeking ways to amplify opportunities to communicate and share. Since most communities use primarily French or English as their 'official language' of operation, language barriers to accessing research resources are common. The QcNEIHR knows that translation in French and English is essential for communication and inclusion. We have had to learn best practices for having all official communication in both languages. Despite this essential need, the QcNEIHR does not receive additional funds for translation.

Inclusivity and equitable opportunities

We value diversity for the innovations and models of research capacity it supports. We are inclusive and extend our invitation wide to those who share our vision and want to contribute. As such, the QcNEIHR does not aim to 'represent' nations but provide equitable opportunities for participation in and co-building the QcNEIHR.

We recognize that relationships are the strength and foundation of our world. A network is a modern tool that can facilitate sharing only if benefits are reciprocal. We are still very early in developing the QcNEIHR into a fruitful research environment. We invite you to be a part of this so that our actions today will have positive impacts and support thriving future generations.

We officially launched the Tahatikonhsontóntie' QcNEIHR on January 18th, 2021 through an online webinar, along with the launch of our social media platforms ([Facebook](#), [Twitter](#), [LinkedIn](#), [Youtube](#) and [Instagram](#)) in both English and French. In January 2021, Pierre Haddad, Principle Investigator on the grant, became the executive director. In May 2021, we held a virtual retreat to which all grant partners and potential new partners were invited. Over 30 people attended the retreat and participated in the identification of the priorities for the Network. The [annual report](#) was also presented at the retreat. was also presented at the retreat.

The Tahatokonhsontóntie' website is currently under development: <https://errsaqc-qcneihr.ca/>

4 Other Research Updates

4.1 KSDPP Website Development

The decision to update the Kahnawake Schools Diabetes Prevention Program (KSDPP) website stemmed from KSDPP's desire to provide the community of Kahnawake with a more interactive and accessible website that provides users with trustworthy, quality content via regularly updated KSDPP information. It also provides information for other Indigenous communities, researchers and health professionals on all aspects of KSDPP, including the KSDPP Code of Research Ethics and KSDPP publications.

Sections on healthy lifestyles have been updated to provide current information on evidenced based recommendations for healthy eating, movement, sleep, and sedentary behaviour. To ensure community relevance, these sections were developed in collaboration with nutritionists and community health nurses from the Kateri Memorial Hospital Centre. This collaboration supported coordination of health promotion messaging to community members. Multiple new website sections have been developed in 2021, including Québec Network Environments for Indigenous Health Research (QcNEIHR), Community Mobilization Team, community policies and a "Meet the team" section. The website is now also linked to the KSDPP Facebook page, and the website calendar will be updated regularly with upcoming KSDPP events and activities, to serve as a resource for community members. Next steps will include community review of the new sections and ensuring long-term continuity of updates on the website from team members. Laurie Deer has recently joined the website development team as a KSDPP staff member and community member and is a major asset to achieving those future goals.

<https://www.ksdpp.org/>

4.2 Code of Research Ethics Update and Revision

The Kahnawake Schools Diabetes Prevention Program (KSDPP) has taken time this past year to update the KSDPP Code of Research Ethics (CRE). The original KSDPP CRE was developed by the full team of community-academic researchers and finalised in 1996. The goal was to outline the principles of this new participatory research project, the obligations of community members and community and academic researchers, and how the partnership would proceed through all the stages of research from finalising the research questions, data collection, analysing the results and reporting the findings (Macaulay et al, 1997). The principles, guidelines and processes are to ensure that the community has control of the project and of the data and how that is put into practice. It is relevant to note that KSDPP developed these principles before the national development of Tri-Council Policy Statement ethical

guidelines for Indigenous peoples and, the First Nations development of the principles of ownership, control, access, and possession of data currently controlled by the First Nations Governance Centre (link: <https://fnigc.ca/ocap-training>).

In 2005-2007 the KSDPP CRE was revised by a community-academic researcher team to add Indigenous principles and Haudenosaunee philosophy, and to develop detailed descriptions of how the principles should be put into practice (Delormier et al, 2018).

The 2021 revisions have been coordinated by Dr. Ann Macaulay and a small team with the direction of Prof. Treena Delormier. Early revisions included the addition of new steps for students based on previous student training experiences, addition of sections to emphasise decolonising methodologies, adding new and removing old references, updating knowledge translation section and the glossary, and how others must contact us for permission to adopt and adapt this CRE. The team then requested reviews from two members of the Community Advisory Board, one student, two academic researchers, and two Mohawk language speakers. After incorporation of these reviews, the updated draft was re-reviewed by two different Community Advisory Board members. They recommended further small revisions. The final CRE will be submitted for copyright, widely disseminated through KSDPP networks, and uploaded onto the KSDPP website.

References:

Macaulay AC, Delormier T, McComber AM, Cross EJ, Potvin LP, Paradis G, et al. Participatory research with native community of Kahnawake creates innovative Code of Research Ethics. *Can J Public Health* 1998;89(2):105-8

Delormier T, McComber AM, Macaulay AC. Kahnawake Schools Diabetes Prevention Project Code of Research Ethics: development and application. In: Gentelet G, Basile S, McHugh NGL editors. *Toolbox of research principles in an Aboriginal context: ethics, respect, fairness, reciprocity, collaboration and culture*. First Nations of Québec & Labrador Health and Social Services Commission (FNQLHSSC), Université du Québec en Abitibi-Témiscamingue, Université du Québec en Outaouais; 2018: 83-87. Available from: <https://files.cssspnql.com/index.php/s/8aBAkl1pjHeOWd0>

4.3 Leadership: Diabetes Action Canada/CIHR SPOR Indigenous Patient Circle and Indigenous Patient Goal Group:

Alex McComber invited Co-lead, Patient Partner, Community Researcher

Diabetes Action Canada (DAC) is a pan-Canadian research organization launched in 2016. It is funded jointly by the Canadian Institutes of Health Research (CIHR) Strategic-Patient-Oriented Research (SPOR) program, nonprofit organizations such as Diabetes Canada and private sponsors. Alex McComber

accepted the invitation to join this team in 2017 as an Indigenous patient-partner and community researcher; he co-leads the Indigenous Patient Circle and Indigenous Patient Goal Group and sits with the DAC Operations and Management Committee and DAC Gatherings Planning Committee. He brings his experience as a Kanien'kehá:ka man living with type 2 Diabetes and has contributed Kahnawake Schools Diabetes Prevention Program (KSDPP) knowledge and experience with Indigenous research ethics, collaborative decision-making, community based participatory research, and Indigenous ways of knowing and doing to DAC meetings, gatherings, and activities.

The DAC Networks consists of patient partners, researchers, diabetes specialists, primary care practitioners, nurses, pharmacists, data specialists, and healthy policy experts committed to improving the lives of persons living with diabetes. Their focus is on bringing patients, their caregivers, and researchers together to identify diabetes health related concerns to co-create research projects that address these concerns.

Diabetes Action Canada/CIHR SPOR's research goals and objectives are:

- To prevent diabetes and its complications among Indigenous youth through the Indigenous Youth Mentorship Program (IYMP) – a multi-generational mentoring and resilience-focused empowerment program;
- To connect persons living with type-1 diabetes with clinical research opportunities;
- To build capacity for patient-oriented research by training and supporting researchers to learn from the patient experience; and
- To translate knowledge from research outcomes into healthcare policy and practice.

DAC is readying for the next five-year project, the Indigenous Patient Circle is being co-lead by McComber with another patient partner. The 12 Patient Circle members will be assuming a variety of responsibilities within the Team, to adequately represent Indigenous voice on the different DAC committees. The Circle has completed a proposal for a youth video project proposal on diabetes awareness – youth speaking to youth about living with diabetes (Type 1 and Type 2) and is preparing to provide consultation with a new Indigenous patient partner circle in Québec. The Circle is preparing for the next strategic plan in conjunction with DAC's strategy for the next 5 years.

5 Publications (as of August 2020)

2021

1. McBeath B, Franks O, Delormier T, Périllat-Amédée S, McComber A, Abigosis T, Leafe D, Macaulay A, Lévesque L. Reflecting on the use of concept mapping as a method for community-led analysis of talking circles. *Turtle Island Journal of Indigenous Health*. 2021;1(2):136-146. Available from: <https://doi.org/10.33137/tijih.v1i2.36171>
2. Périllat-Amédée S, Delormier T, Flamand S, Ottawa G, McBeath B, McComber AM, Macaulay A, Lévesque L, Flamand D. Atikamekw Nehirowisiw Mirowatsiwin: identifying the strengths of the Manawan community to promote wellness and healthy lifestyles. *Turtle Island Journal of Indigenous Health*. 2021;1(2):47-59. Available from: <https://doi.org/10.33137/tijih.v1i2.36135>
3. Lopresti S, Willows ND, Storey KE, McHugh TLF, Indigenous Youth Mentorship Program (IYMP) National Team. Indigenous Youth Mentorship Program: key implementation characteristics of a school peer mentorship program in Canada. *Health Promotion International*. 36(4);2021 Aug:913–923. Available from: <https://doi.org/10.1093/heapro/daaa090>.
[McComber AM, Lévesque L are members of IYMP National Team; Kahnawake is one of the Indigenous communities]
4. Dubnewick M, Wasyliw D, Schaefer L. Ethical considerations when negotiating entry in community-based research. *Leisure Sciences*. 2021;43(3-4):406-417.

2020

5. Wasyliw D, Schaefer L, Koch J, McGregor A, Deering P. “The only thing Mohawk in the classroom was the students:” a narrative inquiry into physical health education teacher education in Canada. *Thresholds in Education Special Issue: Critical Health Education in Critical Times: Pedagogy, Praxis, and Possibilities*. 2020;43(1):50-65
6. Wasyliw D, Schaefer L. Chapter 3. Re-conceptualizing physical health education teacher education through Haudenosaunee values. In Sammel A, Whatman S, Blue L, editors. *Indigenizing education: discussions and case studies from Australia and Canada*. Singapore: Springer; 2021. p. 47-69.

6 Knowledge Sharing / Dissemination Activities

This is a new section and provides some knowledge sharing and research dissemination activities of some of our team.

Presentations (Invited)

1. McComber AM, Kirby C. The Kahnawake Schools Diabetes Prevention Program (KSDPP): the next 25 years. Presentation at: National Indigenous Diabetes Association Virtual Conference: Our ways, healing through traditional health and wellness; 2021 Nov 15-17; Online.
2. McBeath B, Périllat-Amédée S. Community-engaged health promotion research. Presentation at: National Indigenous Diabetes Association Virtual Conference: Our ways, healing through traditional health and wellness; 2021 Nov 15-17; Online.
3. Périllat-Amédée S, Delormier T, Flamand S, Ottawa G, Flamand D, McBeath B, McComber AM, Macaulay AC, Lévesque L. Atikamekw Nehirowisiw Mirowatsiwin: identifying the strengths of the Manawan community to promote wellness and healthy lifestyles. Presentation at: Turtle Island Journal of Indigenous Health Celebration of 2nd Issue: Strength in Community; 2021 Nov; Online.
4. McBeath B, Franks O, Delormier T, Périllat-Amédée S, McComber AM, Abigosis T, Leafé D, Macaulay AC, Lévesque L. Reflections on the use of concept mapping as a method for community-led analysis of talking circles. Presentation at: Turtle Island Journal of Indigenous Health Celebration of 2nd Issue: Strength in Community; 2021 Nov; Online.
5. McBeath B. Indigenous health research approaches. Panelist at: Tsi Tyónnheht Onkwawén:na Language and Cultural Center's Indigenous Research Methodology Panel; 2021 Sept; Online.
6. Delormier T. My Journey into Indigenous health research: reflections and advice for the next generation (Keynote Speaker). Keynote: National Gathering of Graduate Students Closing Event with Conway Kootenay and the Silver Wolf Brand; 2021 June 7; Virtual Event.
7. Delormier T. Wearing multiple hats – experiences of an onkwehonwe health researcher in times of reconciliation. Keynote: Alaska Indigenous Research Program: Promoting Resilience, Health and Wellness. Alaska Native Tribal Health Consortium & Alaska Pacific University; 2021 May 28; Virtual.
8. Delormier T. Indigenous worldview of food systems: a relational perspective. CIFAR Humans & the Microbiome program meeting; 2021 March 25-26; Virtual. Available from: www.cifar.ca/research-programs/humans-the-microbiome/

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9. Delormier T. Onkwehón:we food systems: foundations for healthy people & sustainable societies. UN High level December 15, 2020. High-Level Expert Seminar on North American Indigenous Peoples' Food Systems, towards the 2021 UN Food Systems Summit; 2020 Dec 15; Virtual Event.
 10. Delormier T. Incorporating Indigenous knowledge into diabetes research. Virtual Diabetes Canada and Canadian Society of Endocrinology and Metabolism (CSEM); 2020 Oct 29; Virtual.
 11. Delormier T. Journey of a career in nutrition research. Indigenous STEM Series, Aboriginal Student Research Centre, Concordia University; 2020 Nov 5; Virtual.
 12. Delormier T. Weaving Indigenous knowledge into diabetes research. Diabetes Canada/CESM Professional Conference; 2020 Oct 29; Virtual.

Professional conference presentations:

13. Schaefer L, Wasyliw D, Tai Rakena H, McComber AM, Sheppard L, Hunter L, Bennie A. Honouring Indigenous ways of knowing across continents and disciplines. Panel presentation at: 2021 AIESEP Scientific Conference; 2021 June; Online.
14. McBeath B. Participatory analysis using concept mapping for planning and evaluation with three First Nations communities. Presentation at: National Online Gathering of Indigenous Mentorship Network Programs, Canada; 2020 August; Online. Available from: <https://ombaashi.trubox.ca/2020/08/12/brittany-mcbeath-queens-university/>
15. McBeath B. Exploring Indigenous conceptualizations of wellness through concept mapping for planning and evaluation. National Gathering of Graduate Students; 2020 May; London, ON. [Conference cancelled]
16. McBeath B. Participatory analysis using concept mapping with diverse Indigenous communities. Eastern Canada Sport and Exercise Psychology Symposium; 2020 March; St. Catherine's, ON. [Conference cancelled]
17. Wasyliw D, Schaefer L, Kane K. For community by community: co-composing a land-based intergenerational mentorship program. Presentation at: Eastern Canada Sport and Exercise Psychology Symposium; 2020 March; St. Catharine's, ON. [Conference cancelled]
18. Tai Rakena H. Incorporating Onkwehó'n:we (Indigenous) ways of knowing into physical activity health resources. Presentation at: Toi Tangata 2020 National Conference; 2020 Feb; Napier, New Zealand.

Poster Presentations

1. Fraulin G, George L, Jock BA, Lévesque L. The use of online health promotion for Indigenous populations in Australia, Canada, New Zealand and the United States: a scoping review. Presentation at: International Union for Health Promotion and Education (IUHPE) World Conference on Health Promotion; 2022 May 15-19; Montreal, QC; Online.
2. McBeath B. “We are not another program”: understanding Indigenous community wellness and health promotion. Poster presentation at: 20th Annual SKHS Research Colloquium, Queen’s University, Kingston, Ontario; 2021 April; Online.
3. McBeath B, Périllat-Amédée S, CMT Teaam. Building local capacity through strengths-based and community-based participatory research. Poster presentation at: Indigenous Health Conference, University of Toronto, Ontario; 2020 Dec; Online.
4. Nikolakou M, Delormier T. First Nations Food, Nutrition and Environment Study: results from Kahnawà:ke. Poster Presentation; 2020; Montreal, QC. Available from: <https://www.ksdpp.org/posters.html>

7 APPENDICES

7.1 KSDPP Trainees, Postdoctoral (Post Doc) Fellows, and Honorary Degrees Complete list from 1995 to 2021

Trainee	Research Supervisor	Degree area	Graduation Completion Date	Institution, Department
Hariata Tai Rakena	Lee Schaefer	MA	2021	McGill University, Dept. of Kinesiology and Physical Education
*Olivia Franks	Lucie Lévesque	MSc	2021	Queen's University, School of Kinesiology and Health Sciences
Colin P.T. Baillie	Lucie Lévesque	PhD	(in progress)	Queen's University, School of Kinesiology and Health Studies
Derek Wasyliw	Lee Schafer	PhD	(in progress)	McGill University, Dept. of Kinesiology and Physical Education
Sonia Périllat-Amédée	Treena Delormier	MSc	2020	McGill University, School of Human Nutrition
*Brittany McBeath	Lucie Lévesque	PhD	(in progress)	Queen's University, School of Kinesiology and Health Sciences
*Brittany McBeath	Lucie Lévesque	MSc	2020	Queen's University, School of Kinesiology and Health Sciences
*Leslie Ann Stacey	Alex M. McComber	MEd	2020	McGill University, Faculty of Education
*Andrea Ianni	Lucie Lévesque	MSc	2019	Queen's University, School of Kinesiology and Health Sciences
*Morgan Philips	Steve Jordan	PhD	2019	McGill University, Dept of Integrated Studies in Education
Cedric Jamet	Warren Linds	MA	2016	Concordia University, Applied Human Sciences
Jonathan Salsberg	Spencer Moore	PhD	2015	Queen's University, School of Kinesiology and Health Studies
Soultana Macridis	Enrique Garcia	PhD	2015	McGill University, Kinesiology
Evangeline Seganathy	Ann Macaulay	MSc	2014	McGill University, Dept. of Family Medicine
*Sarah Horne	Kathryn Gray-Donald	MSc	2013	McGill University, School of Dietetics and Human Nutrition
Lindsay Hogan	Enrique Garcia	MA	2013	McGill University, Dept. of Kinesiology and Physical Education
Maedeh Khayyat Kholghi	Gillian Bartlett/Jon Salsberg	MSc	2013	McGill University, Dept. of Family Medicine
Jayne Murdoch	Kathryn Gray Donald	MSc	2012	McGill University, School of Dietetics and Human Nutrition
*Treena Delormier	Katherine Frohlich/ Louise Potvin	PhD	2011	University of Montreal, Social and Prev. Medicine
Sherri Bisset	Margaret Cargo/ Louise Potvin	MSc	2008	Université de Montréal, Santé Communautaire
Shannon Dow	Nadia Ferrara	MA	2006	Concordia University, Dept. of Sociology and Anthropology

Elizabeth Doxsee	Lucie Lévesque	MA	2006	Queen's University, School of Kinesiology and Health Sciences
Allison Kirby	Lucie Lévesque	MA	2005	Queen's University, School of Kinesiology and Health Sciences
*Laura Salmon	Kathryn Gray-Donald	MSc	2004	McGill University, School of Dietetics and Human Nutrition
Gisèle Guilbault	Louise Potvin/ Lucie Lévesque	MSc	2001	Université de Montréal, Dépt. de médecine sociale et préventive
Michelle Jimenez	Olivier Receveur	MSc	1999	McGill University, School of Dietetics and Human Nutrition
*Ojistoh Horn	Gilles Paradis	MSc	1999	McGill University, Epidemiology & Biostatistics
Mary Trifonopoulos	Harriet Kuhnlein	MSc	1995	McGill University, School of Dietetics and Human Nutrition

Postdoctoral Fellow	Supervisor	Year(s)	Institution/Department
Jonathan Salsberg	Gillian Bartlett	2017	McGill University, Dept. of Family Medicine, PRAM
Marie-Claude Tremblay	Ann Macaulay/Debbie Martin	2014-2016	McGill University, Dept. of Family Medicine, PRAM
*Treena Delormier	Elaine Power	2011	Queen's University, School of Kinesiology and Health Studies
Margaret Cargo	Louise Potvin	1999-2000	University of Montreal, Social & Prev. Medicine
Lucie Lévesque	Lise Gauvin/Louise Potvin	1998-2001	University of Montreal, Social & Prev. Medicine

Honorary Degree	Degree	Year(s)	Institution/Department
*Alex McComber	Honorary Doctorate of Science	2015	Queen's University, Health Sciences

* Indigenous students

7.2 KSDPP Publications list (1985 to 2019)

2019

7. Macridis S, Bengoechea EG, Jacobs JO, McComber A, Macaulay AC, Kahnawake Schools Diabetes Prevention Project School Travel Planning Committee. School travel planning with the Kahnawake Schools Diabetes Prevention Project: partnership perspectives. *Journal of Community-Based Research and Practice*. 2019;2(12):1-17.
8. Wasyliw, D., & Schaefer, L. (2019). Inquiring into Indigenous Knowledge: Implications for physical health education teacher education (Abstract). *Revue phénEPS-PHENex Journal*, Volume 10 (Issue 3), pp. 9. Retrieved from <https://ojs.acadiau.ca/index.php/phenex/article/view/4071>

2018

9. Tremblay MC, Martin DH, McComber AM, McGregor A, and Macaulay AC. Understanding community-based participatory research through a social movement framework: a case study of the Kahnawake Schools Diabetes Prevention Project. *BMC Public Health* (2018) 18:487
10. Salsberg J, Macridis S, Delormier T, Hovey R, Andersson N, McComber A, Macaulay AC. Engaging communities to identify needs and develop solutions: Participatory research incorporates community voice in all aspects of health research decision-making. In, Neil Arya, Thomas Piggott, Eds. *Pursuing Health: Intervening to Improve Health Care of Underserved Populations in Canada*. 2018.
11. Khayat Kholghi, M, Bartlett G, Phillips M, Salsberg J, McComber A, Macaulay AC. Evaluating an Indigenous Health Education Program for Diabetes Prevention: using lessons learned through Community Talking Circles. *Family Practice*. *Family Practice* 2018;35(1):80–87 <https://doi.org/10.1093/fampra/cmz068>
12. Wasyliw, D., & Schaefer, L. (2018). Advantages of Identifying & Incorporating Indigenous Ways of Knowing in Physical Health Education Teacher Education (Abstract). *Revue phénEPS-PHENex Journal*, Volume 10 (Issue 1), pp. 1. Retrieved from <https://ojs.acadiau.ca/index.php/phenex/article/view/1916>
13. Delormier, T, McComber, AM, Macaulay, AC. Kahnawake Schools Diabetes Prevention Project Code of Research Ethics: Development and application, in: *Toolbox of research principles in an aboriginal context: Ethics, respect, fairness, reciprocity, collaboration and culture*. First Nations of Québec & Labrador Health and Social Services Commission (FNQLHSSC), Université du Québec en Abitibi-Témiscamingue, Université du Québec en Outaouais. 2018 (<https://files.csssbnql.com/index.php/s/8aBAkl1pjHeOWd0>)

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14. Delormier T, Marquis K. (2018) Building Healthy Community Relationships through Food Security and Food Sovereignty. *Current Developments in Nutrition. Supplement Proceedings of the First and Second Annual Conferences on Native American Nutrition*, 3(suppl 2), 25-31. <https://doi.org/10.1093/cdn/nzy088> IF 7.240 (2018)
 15. Hovey R.B, Seganathy E, Phillips M, Mizzau M, Poulette A#, King M#, Macaulay AC, Gruber R A. descriptive inquiry into sleep and the sleep habits of children within an Indigenous community. *J Indigenous Health* 2018; 13: 42-64
 16. (Book Chapter) Salsberg J, Macridis S, Delormier T, Hovey R, Andersson N, McComber A, Macaulay AC. Engaging communities to identify needs and develop solutions: Participatory research incorporates community voice in all aspects of health research decision-making. In *Health Determinants of Indigenous Inner City and Migrant Populations of Canada*. Eds Neil Ayra and Thomas Piggott. Published by Canadian Scholars Press.

2017

17. Delormier T. Marquis K. Horn-Miller K. McComber A. (2017). Reclaiming food security in the Mohawk community of Kanawà:ke through Haudenosaunee responsibilities. *Maternal and Child Nutrition*, 13 (S3 Special issue on Indigenous People' Food Systems: Gender Roles, Biodiversity and Food Security). doi:10.1111/mcn.12556.
18. Murdoch J, Tremblay MC, Hovey R, Delormier T, Gray-Donald K, Delaronde E, Macaulay AC. Understanding how Indigenous culturally-based interventions can improve participants' health in Canada. *Health Promotion International*. 2017. <https://doi.org/10.1093/heapro/dax059>
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