


**Feedback from  
K103 5th Annual Community Picnic (June 20, 2025)  
&  
Onkwaná:ta' Onkwata'karitáhtshera' Iontia'tarohrokstáhkwa' - Our  
Community, Our Health Gathering (November 5 & 6, 2024)**

KSDPP gathered feedback at community events to understand if Type 2 diabetes is still a priority for the community and to learn about other community concerns.

# Do you feel that type 2 diabetes (T2DM) prevention should remain a priority for KSDPP and the community?



100%(n=134) agree  
that T2DM should  
remain a priority

■ Yes ■ No

## OTHER COMMENTS:

### Awareness & visibility

- *More visibility is important to bring awareness*

### Community impact

- *KSDPP had such a big presence in the community and made families think about their lifestyle*

### Access to information

- *Yes, the teachings and info is forgotten if it's not readily available*
- *Prevention is key*

### Youth and Schools

- *More education in schools*
- *I believe that KSDPP needs to stay in the schools helping the lunchrooms keep healthy snacks and food.*

### Not the only focus

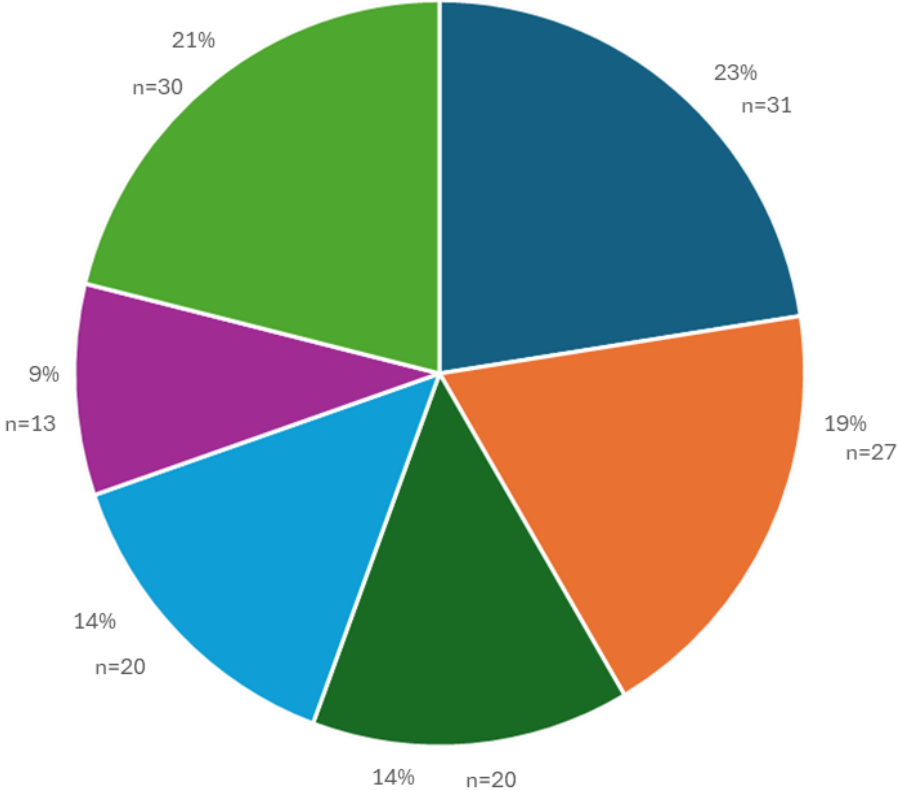
- *T2DM prevention should not be the only purpose of KDSPP but yes, a priority.*

## TOTAL: 134 responses

103 at the K103 5th Annual Community Picnic (June 20, 2025)

31 at the *Onkwaná:ta' Onkwata'karitáhtshera' Iontia'tarohrokstákhwa'* - Our Community, Our Health Gathering (November 5 & 6, 2024)

# What health topics or issues do you feel should be prioritized by KSDPP in the coming years?



- healthy eating, cooking classes, reading labels
- diabetes and juvenile diabetes, prediabetes, gestational diabetes
- physical activity, fitness initiatives, playing outside
- mental health, depression, burn-out, anxiety, suicide prevention
- cancer
- other

### OTHER TOPICS THAT WERE MENTIONED:

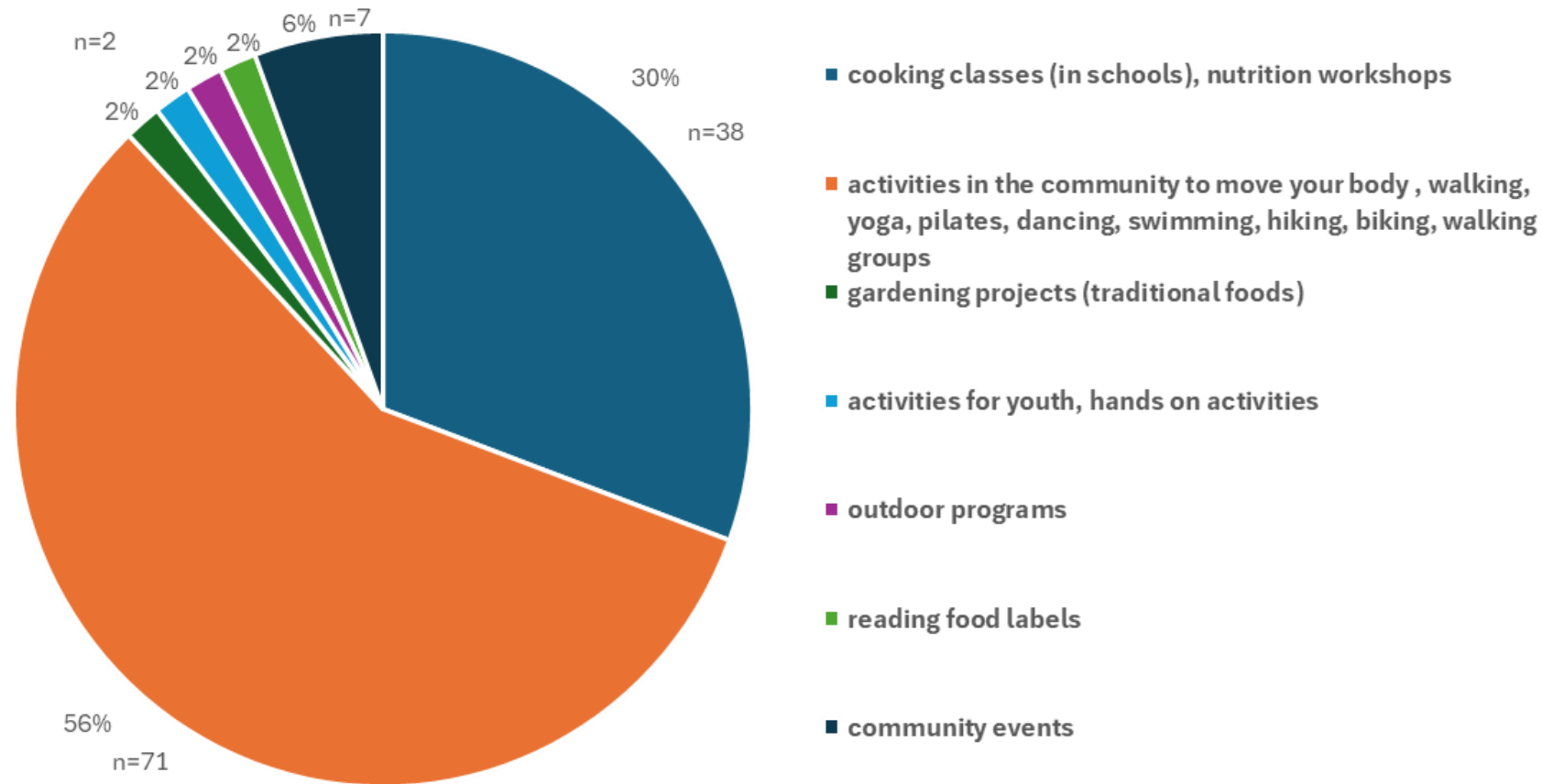
- Traditional foods
- Budgeting for a healthy diet
- Trauma
- Tobacco, vaping, alcohol, addictions
- Obesity in children and youth
- Wholistic health
- Gardening

**130 people answered this question, with some providing multiple responses.**

**103** at the K103 5th Annual Community Picnic (June 20, 2025)

**31** at the *Onkwaná:ta' Onkwata'karitáhtshera' Iontia'tarohrokstáhkwa'* - Our Community, Our Health Gathering (November 5 & 6, 2024)

# What types of programs or activities would you find helpful to promote diabetes prevention and healthy lifestyles in our community?



**124 people answered this question, with some providing multiple responses**

**95** at the K103 5th Annual Community Picnic (June 20, 2025)

**30** at the *Onkwaná:ta' Onkwata'karitáhtshera' Iontia'tarohrokstákhwa'* - Our Community, Our Health Gathering (November 5 & 6, 2024)

# K103 5th Annual Community Picnic demographics

I am:			Gender:			Age:		
	%	#		%	#		%	#
<b>Community member</b>	<b>91.26%</b>	<b>94</b>	Man	18.63%	19	18-24	3.96%	4
Service provider	3.88%	4	<b>Woman</b>	<b>78.43</b>	<b>80</b>	<b>25-34</b>	<b>23.76%</b>	<b>24</b>
Visitor	2.91%	3	Prefer not to say	2.9%	3	35-44	20.79%	21
Other	1.94	2				45-54	13.86%	14
						55-64	19.80%	20
						65 +	17.82%	18